

The Diet

Comedy · Monologue · 1 min · Female role · Adult · Beginner

(Facing the audience, a slice of cake, no, the whole cake, in front of her.)

MOI

The diet starts tomorrow. "Tomorrow" is important. Tomorrow is a day scientifically stronger than me.

MOI

So tonight, this cake, it's a farewell. You don't throw away a farewell. That would be rude.

MOI

Besides, a cut cake goes off. So I might as well finish it all: it's ecology.

(She takes a second slice. Then a third.)

MOI

Right now, technically, I'm making room in the fridge. I'm tidying. I'm an organised person.

MOI

Tomorrow. Tomorrow I'll be a new person. And that person deserves to start with no leftover cake lying around.

What you can do with it

Original text written for Acto. Read it, print it, work on it in class, perform it at an audition or on a self-tape: that is what it is for, and you need no permission. For a public performance or any commercial use, write to us at contact@acto.re.